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UPCOMING EVENT

“What Imagination and Career”
Wednesday 22 June
12.15pm – 1.15pm
Manning Clarke Theatre 1

The Career Development Branch is hosting a seminar at ANU as part of Gray Poehnell’s speaking tour of Australia.

In his ANU seminar, Gray will explore imagination as a powerful innate ability which we can learn to harness, to help us make sense of our lives and to see creative possibilities for our future.

Whatever your role may be at ANU, this talk will help you understand this ability, how to nurture it and use it effectively.

All attendees will receive a free pack of career development materials.

Gray Poehnell is an internationally renowned career consultant.

He has contributed to numerous career counseling programs and co-authored several workbooks in this field including ‘Career Crossroads’ and ‘Guiding Circles’.

He has extensive experience in working with indigenous, immigrant, and mainstream clients and currently trains career practitioners nationally and internationally.

Gray has a deep interest in holistic career approaches that cultivate hope, practical spirituality, creativity, imagination, and career integrity. These themes are explored in the latest book published by Ergon Communications: ‘Hope-Filled Engagement: New Possibilities in Life/Career Counselling’.

REGISTER HERE
Busting Career Myths

By Kyanne Smith, Senior Consultant, Career Development Branch, ANU

As part of my work at ANU, I help people navigate and manage their careers. Accordingly, I get to hear all kinds of interesting perspectives and ideas.

Here are a few career myths I’ve heard and would like to address.

Myth 1 - I don’t have a career, I have a job

Many of us believe the word ‘career’ refers to a pathway where an occupation is selected, study is undertaken and then work begins, usually with a series of progressions or promotions following.

However, in the modern world of work this is no longer a typical career. The new definition of career is the sequence and variety of occupations (paid and unpaid) which one undertakes throughout a lifetime.

More broadly, “career” includes life roles, leisure activities, learning and work. All of us have a career. Most of us will have several career changes in our life-time.

Myth 2 - I worked hard for my qualification, I ought to stay in that field and not ‘waste’ my expertise

Many people don’t work in their original field of study. It’s not a case of ‘leaving your skills behind’ – you take them with you and apply them in new and different ways. You’ve probably heard of ‘transferable skills’ - these are highly valued by employers.

Bringing your ‘old’ skills and knowledge to your new job and building on them with additional skills and expertise strengthens your employability.

Myth 3 - Successful career progression is upward (promotion)

Well, this all depends on your career values. If you are someone who strongly values financial reward and responsibility then perhaps this will be your definition of success. If your career values are in other areas – such as creativity, work-life balance, helping society or intellectual challenge (just to name a few) – then possibly money and promotion do not drive you and do not equate to success for you.

What are your career values? Want to find out? Try this online activity: Work Values Exercise

If you’d like some more help navigating your career, take a look at some of the ANU resources online.

NECTAR

There is a new buzz on campus amongst early career academics, and its name is NECTAR. The brainchild of four graduates of the Early Career Academic Program, NECTAR is an independent space for early career academics at ANU. It aims to open direct channels of communication with the University Executive to ensure that the ANU is an attractive place for early career academics. NECTAR is supported in this endeavour by the Executive. NECTAR is what its members want it to be: the projects it develops set their own aims and define their approach.

NECTAR will be launched by Vice-Chancellor Ian Young and Pro Vice-Chancellor (Research and Graduate Studies) Mandy Thomas on 15 June. If you are an early career academic and want to know ‘what’s the buzz,’ please contact Sabrina Caldwell at sabrina.caldwell@anu.edu.au.

With your involvement, the NECTAR community will make the ANU a perfect place to be for early career academics.

Featured Video

Playing To Your Strengths

Internationally renowned author and consultant, Marcus Buckingham has dedicated his career to helping individuals discover and capitalise on their personal strengths.

WIN

A FREE 1 Hour Career Consultation with one of our career development experts!

For your chance to win tell us in 25 words of less why you would like to receive a career consultation.

Send your entry to: careerdev@anu.edu.au by 1 July 2011

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